

Workforce Health Profile

Thomas Health
February 23, 2015



Total FTEs: 875

Total Captured: 617

Percent Captured: 70.51%

AGE PROFILE

<u>Age Range</u>	<u>Male</u>	<u>Female</u>
Under 20	0.0%	0.0%
20-29	7.0%	8.1%
30-39	7.1%	8.9%
40-49	7.0%	10.0%
Over 50	24.3%	27.6%
Average Age	48	48
Gender	45.4%	54.6%

Compare your company with others in the area and to national averages.

MODIFIABLE LIFESTYLES

<u>Tobacco</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Smoke Cigarettes	24.8% (153)	25.2% (2087)	16%
Smokeless Tobacco	2.8% (17)	3.1% (253)	3.3%

<u>Exercise</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Never or Rarely	36.5% (225)	38.6% (3201)	18.3%
Sometimes	29.7% (183)	29.2% (2419)	51.4%
Frequently	33.9% (209)	32.2% (2665)	30.3%

<u>Wear Seatbelts</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Never or Rarely	7.9% (49)	8.2% (682)	3.5%
Sometimes	19.1% (118)	18.9% (1568)	7.6%
Frequently	72.9% (450)	72.8% (6035)	88.9%

BODY COMPOSITION

<u>Body Mass Index</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Lean	3.9% (24)	3.2% (266)	1.3%
Desirable	31.9% (197)	26% (2153)	32.3%
Overweight	37.1% (229)	37.6% (3115)	35.6%
Obese	23% (142)	26.7% (2214)	26.3%
Severely Obese	4.1% (25)	6.5% (537)	4.6%
Total Overweight/Obese	64.2% (396)	70.8% (5866)	66.5%

<u>Body Fat Percentage</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Below Average	46.7% (288)	45.3% (3753)	43.2%

<u>Waist To Hip Ratio</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Increased Risk	15.9% (98)	28.6% (2370)	41.7%

HEALTH CHARACTERISTICS

<u>Conditions</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Asthma	23% (142)	26.6% (2201)	7.3%
Arthritis	44.4% (274)	41.5% (3438)	13.6%
Frequent Stress	31.3% (193)	31.9% (2645)	
Depression Symptoms	6.6% (41)	5.9% (485)	
Seasonal Allergies	24% (148)	26.3% (2182)	43.4%
Frequent Headaches/Migraines	45.5% (281)	43.6% (3613)	10.7%
Frequent Heartburn	14.7% (91)	13% (1075)	8%
Heart Disease	4.1% (25)	5% (416)	3.3%
Sign of Bone Loss	15.4% (95)	19.8% (1641)	21.8%
No Primary Care Physician	0% (0)	0% (0)	23.5%

Discover areas of "risk" before they become areas of "cost."

<u>Family History</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Cancer	38.1% (235)	39% (3230)	45.9%
Heart Disease	50.9% (314)	48.2% (3990)	37.9%
High Blood Pressure	50.7% (313)	51% (4224)	57.2%
Stroke	48% (296)	46.2% (3830)	24.5%
Diabetes	35.7% (220)	32.3% (2679)	42.6%
Osteoporosis	27.2% (168)	29.8% (2465)	

Be proactive: Pinpoint the issues before they impact your business... and your people.

DIABETES

	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Have Diabetes	7.9% (49)	12.3% (1019)	5%
Of These With Type II Diabetes	0% (0)	0% (0)	80.1%
Normal Glucose Screening Level	75% (463)	80.8% (6697)	90.3%
Above Normal Glucose Screening Level	25% (154)	19.2% (1588)	9.6%

BLOOD PRESSURE PROFILE

<u>Screening Results</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Normal	62.2% (384)	60% (4973)	55%
High Normal	16% (99)	17.2% (1425)	31.4%
Hypertension	21.7% (134)	22.8% (1887)	13.6%

<u>Self Reported</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Have High Blood Pressure	14.8% (38)	18.4% (636)	24.1%
Of These On Medication	2.3% (6)	4.6% (159)	66%

LIPID PROFILE

<u>Total Cholesterol</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Desirable	63% (389)	48.3% (4003)	60.5%
Borderline High	22.5% (139)	35.5% (2940)	28.4%
High	14.4% (89)	16.2% (1342)	11.1%

<u>HDL</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Desirable	21.7% (134)	31.6% (2617)	26.2%
Moderate	65% (401)	52.4% (4341)	49.7%
Increased Risk	13.3% (82)	16% (1327)	24.1%

<u>LDL</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Desirable	61.9% (382)	59.5% (4932)	66.7%
Borderline High	29.3% (181)	27.5% (2279)	23%
High	8.8% (54)	13% (1074)	10.3%

<u>Cholesterol Ratio</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Desirable	56.9% (351)	44.7% (3703)	40.2%
Borderline High	27.1% (167)	33.9% (2810)	38.8%
High	16% (99)	21.4% (1772)	20.9%

<u>Triglycerides</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Desirable	79.9% (493)	76.5% (6339)	73.4%
Borderline High	15.6% (96)	19.2% (1587)	13.9%
High	4.5% (28)	4.3% (359)	12.7%

<u>PSA</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Elevated PSA Level	22.5% (139)	25.4% (2103)	13.3%

SCREENING HISTORY

<u>Not Checked in the Last Year</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Blood Pressure	39.5% (244)	40.6% (3361)	10.6%
Cholesterol	47.6% (294)	44.2% (3663)	25.4%
Glucose	28.4% (175)	28.7% (2377)	25.2%

<u>Never Checked</u>	<u>Your Workforce</u>	<u>Market</u>	<u>National</u>
Physical Exam	19.9% (123)	43.5% (1943)	10.9%
Pap Smear	22% (74)	23.2% (1021)	4.2%
Mammogram (women over 40)	24.8% (51)	29% (771)	14.1%
Prostate Exam (men over 40)	52% (92)	51.8% (1238)	33.4%

Identify screenings your employees need.